

BREAKFAST MENU

Monday Main Street Menu	Tuesday Main Street Menu	Wednesday Main Street Menu	Thursday Main Street Menu	Friday Main Street Menu
Assorted Muffin \$.50 Assorted Cereal \$.50 Graham Crackers \$.50 Granola Bar \$.50 Pop Tarts \$.50 Teddy Grahams \$.50 Yogurt \$.50 Breakfast Juice \$.25 Milk \$.50 Fruit \$.50	Assorted Muffin \$.50 Assorted Cereal \$.50 Graham Crackers \$.50 Granola Bar \$.50 Pop Tarts \$.50 Teddy Grahams \$.50 Yogurt \$.50 Breakfast Juice \$.25 Milk \$.50 Fruit \$.50	Assorted Muffin \$.50 Assorted Cereal \$.50 Graham Crackers \$.50 Granola Bar \$.50 Pop Tarts \$.50 Teddy Grahams \$.50 Yogurt \$.50 Breakfast Juice \$.25 Milk \$.50 Fruit \$.50	Assorted Muffin \$.50 Assorted Cereal \$.50 Graham Crackers \$.50 Granola Bar \$.50 Pop Tarts \$.50 Teddy Grahams \$.50 Yogurt \$.50 Breakfast Juice \$.25 Milk \$.50 Fruit \$.50	Assorted Muffin \$.50 Assorted Cereal \$.50 Graham Crackers \$.50 Granola Bar \$.50 Pop Tarts \$.50 Teddy Grahams \$.50 Yogurt \$.50 Breakfast Juice \$.25 Milk \$.50 Fruit \$.50
<u>Special of the Day</u> Pancake on a Stick \$1.00	<u>Special of the Day</u> Biscuit \$.50 Sausage Biscuit \$1.00	<u>Special of the Day</u> Breakfast Burrito \$1.00	<u>Special of the Day</u> Biscuit \$.50 Sausage and Biscuit \$1.00	<u>Special of the Day</u> Breakfast Pizza \$1.00

**Hobbs Central Kitchen Commons and Dining Weekly Vendors
LUNCH VENDOR LIST 2016 / 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
PIZZA HUT	PIZZA JOHNS	BIG CHEESE	PIZZA INN	CALZONES
KENDALL'S	CHICKEN STUFF	TACO OLE	CHICKEN STUFF	KENDALL'S
SANDWICH/SOUP	EAGLE SALADS	HEALTHY HUT	DOG-IT	SUB & STUFF

**Hobbs Central Kitchen Commons and Dining Room
HHS and FHS School Main Street Daily Lunch Menu**

Pizza Monday - Chicken Patties
Burrito Tuesday - Steak Fingers
Corndog Wednesday - Salisbury Steak
Hamburger Thursday - Chicken Fry Steak
Cheeseburger Friday - Chicken Nuggets

Mon./Tues./Thurs. - Mashed Potatoes w/ Gravy
Wed. - Mashed Potatoes w/ Brown Gravy
Friday - Cheesy Potatoes

Menu Subject to change

Monday	Chef Salads - Tuesday	No Substitution - Wednesday	Special Orders Thursday	Friday
Ham	Turkey	Ham	Turkey	Assorted Chicken or Tuna

Did you know?

Apples - Fun Fact: There are 7,000 different types of apples in the world.
Healthy Fact: Apples with their skin are a top source of dietary fiber and vitamin C, and are the second most popular fruit after bananas.
Bananas - Fun Fact: In the wild, banana plants can grow up to 30 feet tall, but the trees in the Dole plantations are about 13 feet tall.
Healthy Fact: Bananas contain potassium which is important for keeping blood pressure at a healthy level.
Blueberries - Fun Fact: Blueberries are one of the only natural foods that are truly blue in color.
Healthy Fact: Blueberries, blackberries, raspberries, strawberries and cranberries are among the top fruit sources of dietary fiber.
Oranges - Fun Fact: Christopher Columbus brought the first orange seeds and seedlings to the New World on his second voyage in 1493.
Healthy Fact: Fruits with a lot of vitamin C, like oranges, will help your skin stay healthy, and provide other nutrients supporting exercise.
Peaches - Fun Fact: The third most popular fruit grown in the US, peaches belong to the rose family and let off a sweet aroma when they are ripe.
Healthy Fact: Peaches contain carotenoids such as beta-carotene, which is made in the body into vitamin A, an important antioxidant.
Pears - Fun Fact: 60% of all Bartlett pears grown in the United States come from California, and most pears are available year-round.
Healthy Fact: Pears, including their peel, are one of the best sources of fiber, which supports your digestive health.
Pineapples - Fun Fact: In a Caribbean custom of courage, barefooted youths ran through pineapple plantations.
Healthy Fact: Preliminary lab research shows bromelain from pineapple may help repair skin injuries, and slow development of cells that could lead to cancer.
Strawberries - Fun Fact: The strawberry is the world's most popular berry, and there are some 200 tiny seeds in every one.
Healthy Fact: Nutrients in strawberries, such as vitamin C and fiber, may support your brain, heart, and help with weight management.

Choice of Milk available with Breakfast and Lunch



Hobbs High and Freshman High School Main Street Menu

This institution is an equal opportunity provider. Choice of Milk available with Breakfast and Lunch Menu Subject to Change
Esta institución es un proveedor que ofrece igualdad de oportunidades.

Twin-Mini Cheeseburger Ranch Beans Broccoli and Cheese May 1	Turkey and Gravy Pinto Beans California Veggies 2	Smothered Chili Cheese Burrito Green Chili Hominy Spring Blend Veggies 3	Chicken Teriyaki Green Beans Rice Pilaf 4	Frito Chili Pie Kernel Corn Catalina Veggies 5
B.B.Q. Green Beans California Veggies 8	Beef Teriyaki Bite Green Beans Steamed Carrots Rice Pilaf 9	Beef and Cheese Nachos Ranch Beans Catalina Veggies 10	Soft Taco Pinto Beans Spring Blend Veggies 11	B.B.Q. Franks Corn on the Cobb California Veggies 12
Spaghetti w/ Meat Sauce Green Beans Scandinavian Veggies 15	B.B.Q. Ranch Beans Catalina Veggies 16	Chili Dog Kernel Corn California Veggies 17	Meat Loaf w/ Tomato / Green Pepper Topping Baked Beans Broccoli and Cheese 18	Turkey and Gravy Green Chili Cheese Hominy Spring Blend Veggies 19
Chicken-Green Chili Fajita w/ Shredded Cheese and Taco Sauce Pinto Beans Catalina Veggies 22	Twin-Mini Cheeseburger Baked Beans Spring Blend Veggies 23	Chicken Nuggets Green Beans California Veggies 24	B.B.Q. Kernel Corn Scandinavian Veggies 25	Last Day of School Teriyaki Beef Bits Green Beans / Steamed Carrots Rice Pilaf 26
Holiday 29	Summer Break 30	Summer Break 31	Summer Break June 1	Summer Break 2